

Approved May 2019

Page

Young People who are Sexually Active A Guide for Staff Working with this Client Group

CONTENTS

	1 0.90
Introduction	2
The Young Persons Rights	3
The Parents Rights	3
The Duties of the HCW	3
GIRFEC	4
Confidentiality	4
Consenting to Medical Treatment	5
Fraser Guidelines	5
Managing Sexual Activity Under the age of 13	6
Laws Relating to Sexual Offences in Young People	7
Young Persons Risk Assessment	7
Management of Child Protection Concerns in Sexually	
Active Young People	10
Management of Pregnant Young People Under	
The Age of 16	11
References	12
Appendix 1: Important Contacts	13-18

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 1 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Introduction

Sexual health services should promote sexual well being by adopting a positive attitude towards young people's sexuality and relationships. A young person is someone under the age of 16 years or under aged 18 years if the local authority is responsible for their care.

All sexual health service providers must ensure that their services are confidential, of high quality and easily accessible and welcoming to young people. Confidentiality is particularly important to young people. Services must offer and advertise the fact that information will only be shared in cases where it is necessary for safeguarding.

The Sexual Offences (Scotland) Act 2009 was not intended to prosecute mutually agreed sexual activity between two young people of a similar age unless it involves abuse or exploitation. However, there have been occasions where it has created fear and confusion among young people and professionals about the right to confidentiality. It is important that health professionals continue to be confident in advising and providing services to young people in accordance with the latest national and local guidelines on confidentiality and information sharing. The law must protect young people from abuse, but it should not be an obstacle to their ability to get help and advice when they need it. Where young people are accessing sexual health services, it is crucial that professionals do not confuse child protection issues with the normal sexual development of young people. In the case of doubt advice should always be sought by the local NHS Child Protection Advisor. The legal age of capacity in Scotland is 16, however, those under 16 can consent to medical treatment (which includes contraception) provided they are capable of understanding the nature and possible consequences of treatment.

If the under-age sexual activity involves children under the age of 13 years, the concerns must be passed on in accordance with local child protection procedures.

Sexual health clinicians should be mindful of the increasingly sexualised society in which young people live. For example, sexual discrimination and bullying is common place on social media sites such as Facebook. Internet pornography, to which most young people have access, whether voluntary or involuntary, displays high levels of violence, degradation, abuse and oppression particularly to women. Condom use in pornography is rarely observed. Consequently young people are exposed to mixed messages about human sexuality and behaviour, which can be detrimental to their well being. This may result in vulnerability to exploitation and abuse within sexual relationships. Sexual behaviours should never result in exploitation, oppression, physical or emotional harm and young people require support to recognise the signs and manage their sexual relationships. Professionals have a duty of care to ensure that the young person's wellbeing needs are addressed and to assess whether the sexual activity is of an abusive or exploitive nature.

This guideline when used in conjunction with the West of Scotland Guideline for Young People on Common Sexually Transmitted and other Infections should help clinicians provide sexual health care which meets the needs to young people who are sexually active.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 2 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

The Young Person's Rights

- The young person can independently seek, consent to and refuse medical treatment provided the doctor or nurse feels the young person is competent and understands the nature and possible consequences of the advice and/or treatment, including contraception and termination of pregnancy Age of Legal Capacity (Scotland) Act 1991 sections 2(4)
- It is preferable for young people to have parental/carer support and the value of this should be discussed recognising that in certain circumstances this may not be in the interest of the child. .

The Parent's Rights

- Parents have a right of custody until a young person is 16, but this right can only be exercised if it promotes the young person's interests.
- There is no law requiring parental consent before advice/treatment is given to a young person and practitioners are not required to inform parents.

The Duties Of The Health Care Worker

It is documented in the National Child Protection Guideline that all staff who work and/or come into contact with children and their families have a role to play in child protection.

Health care workers should:-

- give the young person the knowledge and skills to be responsible for their own sexual health.
- Aim to establish trust between the young person and the clinician to ensure the best care. The clinician is in a privileged position to talk about sex and sexuality, relationships and other relevant issues where there may be the opportunity for harm reduction (for example eating disorders, deliberate self-harm and drug and alcohol abuse).
- positively promote that young person's sense of worth and self-esteem, their health and development, so that they are able to make informed decisions.
- facilitate harm minimisation through education and support, medical care including provision of emergency and ongoing contraception, pregnancy advice, and the testing and treatment of sexually transmitted infections
- provide confidential sexual health advice and treatment and to protect young people's rights to confidentiality in all but the most exceptional cases
- To recognise and facilitate timely information sharing with appropriate partners when a young person is at risk of harm.
- encourage the young person to speak to their parents/carer where it it safe to do so.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 3 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Getting It Right For Every Child (GIRFEC)

GIRFEC should underpin all practice with children and young people. It is designed to be a uniform approach for all professionals working with children, young people and their families who need extra support. It ensures that services hold children and their families at the heart of decision making and that agencies work together across service boundaries. Sexual health services should have knowledge of this approach and work towards its core components, values and principles.

All young people have a named person until they are 18 (or later if still at school). That named person is the first point of contact for a child or their families who have concerns or need extra support. Once a concern has been brought to their attention, the Named Person – who will be the first point of contact for the child and their family, will take action, help, or arrange for the right help in order to promote, support, and safeguard the child's development and wellbeing.

GIRFEC also provides a framework for assessing children and young people with 8 wellbeing indicators – Safe, Healthy, Achieving, Nurtured, Active, Responsible, Respected and Included. This framework can be useful when recording significant events, observations and concerns to share with other professionals especially in more vulnerable young people.

Confidentiality

Young people worry about the confidentiality of the sexual health services and this is one of the main reasons they fail to seek professional advice and may not disclose sexual activity or abuse. The confidentiality that is owed to a person less than 16 years of age is equal to that of an older person. Professionals working with young people must protect their right to confidentiality in all but the most exceptional cases. If it is felt that is in the young person's best interests to share information then every effort should be made first to gain the consent of the person concerned however, confidentiality does not prevent information sharing where there is risk of significant harm.

The decision to share information depends on an assessment of current or potential harm, and not on the person's actual age. Health professionals can only disclose information if it is in the child's best interest. They must also consider what information requires to be shared within their own and/ or with other agencies to ensure that a pattern of behaviour or a disclosure of potential risk is not being missed. Health professionals are required to share as much information as is necessary to protect a child.

The health care worker must be prepared to justify his/her decision to share information on the patient, to his/her colleagues and to their relevant professional association. Reasons for breaching confidentiality should be documented clearly.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 4 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Young people have the right to request a copy of their personal data under both the Data Protection Act 1998 and General Data Protection Regulation 2018. Young people can access their records by requesting a copy in writing. Both pieces of legislation state that parents are not permitted to see a young person's health record unless the young person has given consent or the young person is deemed too young to understand how to make a request. Young people have the same rights as adults over their personal data and can access their records by requesting access in writing.

For young people who have concerns about how information has been shared or wish to complain about a "breach in their confidentiality" the Scottish Child Law Centre (Advice Line Mon-Fri 9.30am-4.00pm 0131 667 6333 Freecall Under 21s (landlines) 0800 328 8970 (mobiles) 0300 3301421) can provide relevant advice and information

Consenting To Medical Treatment

The Age of Legal Capacity (Scotland) Act 1991 states that a person under the age of 16 has the right to consent to treatment if he/she is capable of understanding the nature and possible consequences, benefits and risks of the procedure or treatment.

- Do you think they understand the information you've given them?
- Do you think they can assess the pros and cons of the management you're suggesting?
- Do you think they have the ability to make a clear choice?
- Are they able to make that choice freely?
- Do you think they have communicated their decisions to you clearly? Do you think they have the capacity to consent to the treatment or procedure you're proposing?
- Is it in their best interests to offer them the proposed management?

Fraser Guidelines

The Fraser guidelines refer to the guidelines set out by Lord Fraser in his judgment of the Gillick case in the House of Lords (1985), which apply specifically to contraceptive advice. These guidelines state that young people under the age of 16 can access treatment without parental consent as long as it is in the young person's best interest. Health professionals use these guidelines to assess whether a young person can be provided with confidential contraceptive services without parental consent.

Although Fraser Guidelines can be used as a guide in Scotland, the primary legislation that should be used in Scotland when determining capacity to consent to medical treatment is the Age of Legal Capacity (Scotland) Act 1991.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 5 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Lord Fraser stated that a doctor could proceed to give advice and treatment: "provided he is satisfied in the following criteria:

- 1. The young person understands the health professional's advice.
- 2. The young person is aware that the health professional cannot inform his/her parents that he/she is seeking sexual health advice without consent, nor persuade the young person to inform his/her parents.
- 3. The young person is very likely to begin having, or continue to have, intercourse with or without contraceptive/sexual health treatment.
- 4. Unless he/she receives contraceptive advice or treatment the young person's physical or mental health, or both, are likely to suffer.
- 5. The young person's best interests require the health professional to give contraceptive advice, treatment, or both without parental consent.

If the above criteria is not met or there is reason to believe that the child is under pressure to give consent or is being exploited, there would be grounds to break confidentiality. Fraser guidelines originally related to contraceptive advice and treatment but they now apply to decisions about treatment for sexually transmitted infections and termination of pregnancy.

Managing sexual activity under the age of 13

Young People Less Than 13 Years Of Age

The Scottish Government National Child Protection guidance states that all sexually active young people aged less than 13 years of age MUST have information shared. This information requires to be shared with Child Protection Advisor, police and social work or their named person depending on the details of the sexual activity. The timing of this will depend on the individual clinical situation e.g assess risk of harm.

All these young people must be seen by or discussed with a senior clinician at the time that they attend if possible or at the earliest opportunity.

Child protection measures MUST be instigated if the child is, or believed to be, sexually active and is aged 12 and under

Relevant advice should be given and appropriate treatment offered. Every effort should be made to get adequate contact details such as a mobile phone number to allow further contact. All young people **aged 12 years or below** should have specific follow up arranged, to allow a further evaluation of their situation and any necessary medical follow up to take place. This is especially important where there are no/unreliable contact details. Ensure follow up/ further assessment takes place. They should be informed at their first attendance that information about their attendance will be shared with the appropriate social work team. Their consent to do this should be sought and they should be given the chance to discuss how this would be done.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 6 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Young people aged 13 years and over who disclose historical sexual activity under the age of 13 years of age.

The new National guidance on working with sexually active young people states that even if the young person is 13 years or over, a disclosure of historical sexual activity at under 13 years of age should also prompt information sharing with social work/appropriate agencies. In the first instance discuss all of these young people with the person responsible for young people within your service in line with local child protection protocols. These cases will be considered on a case by case basis and appropriate sharing in the young person's best interests will be considered.

Laws Relating to Sexual Offences in Young People

The age of consent to any form of sexual activity is 16 for both men and women, so that any sexual activity between an adult and someone under 16 is a criminal offence.

There are possible defenses if the sexual activity does not involve penetrative or oral sex. These are if the older person believed the young person to be aged 16 or over and they have not previously been charged with a similar offence, or the age difference is less than two years.

Sexual intercourse (vaginal, anal or oral sex) between young people aged 13-15 are also offences, even if both partners consent.

A range of specific offences protect children under 13, who cannot legally give their consent to any form of sexual activity. The maximum penalty could be life imprisonment for rape, sexual assault, sexual assault by penetration, or causing a young child to participate in sexual activity. There is no defense that the accused believed that the child was older.

Guidance from the Scottish Government acknowledges that not every case of sexual activity in under-16s will have child protection concerns, but young people may still be in need of support in relation to their sexual development and relationships.

YOUNG PERSON'S RISK ASSESSMENT

Ensure accurate documentation of the consultation. In addition to relevant clinical information, contact details, the name of any known social work contact, and the school or college attended should be recorded in the case note. A specially designed proforma (the young person's risk assessment) for those under 16 and those under 18 who are Looked After and Accommodated or other wise vulnerable should also be completed at every visit. See section on documentation below.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 7 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

For Young persons under 16 and Those under 18 Years Who May Be Vulnerable

- Check demographics page to ensure correct contact details
- Complete and document a risk assessment which should be repeated at every visit
- Outline the young person's rights with respect to confidentiality, including the ways information may be used and the limits to confidentiality, as for all consultations (see your Health Board Confidentiality Policy; Data Protection & confidentiality leaflet).
- Discuss issues of confidentiality and highlight that you may need to share information if you have concerns about their wellbeing and safety.
- Consider the intellectual age of the young person or any special needs they may have e.g. Learning Disabilities or being Looked After or Accommodated?
- Consider who else was present at the consultation? Specify the relationship and document it in the notes (e.g. friend/carer/partner)
- It is best practice to see the young person alone for at least part of consultation consider strategies to achieve this in your service and document if it has not been possible?

Risk Assessment

The following is a list of issues that should be considered and asked. It is not a check list but the more areas that are covered the better chance of picking up on young people at risk of sexual harm/exploitation. It may not be possible to do this at every visit but any gaps should be filled at subsequent visits if possible:

- Do they attend School/referral unit/college/employment/training-specify which
- Do they attend regularly and enjoy going?
- Can they talk to anyone there?
- Who do they live with?
- How are things at home
- Do they have anyone they can talk to at home?
- Ascertain if they are a young carer, a looked after or accommodated child, homeless, bereaved or have a disability
- Do they have other agencies involved in their care e.g. social work or mental health teams
- Are currently sexually active or planning sexual activity
- Ask them to clarify what they understand about sexual activity e.g penetrative vaginal, anal or oral sex
- If so what was their age at first sexual contact
- When did they last have sexual contact
- Are they happy with the person they are having sexual contact with
- What is the age of their sexual partner(s)
- How many people have they had sexual contact with in the last 3 months
- How many people have they had sex with in the last 12 months
- Where did they meet the person they are having sexual contact with and where do they have sex

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 8 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

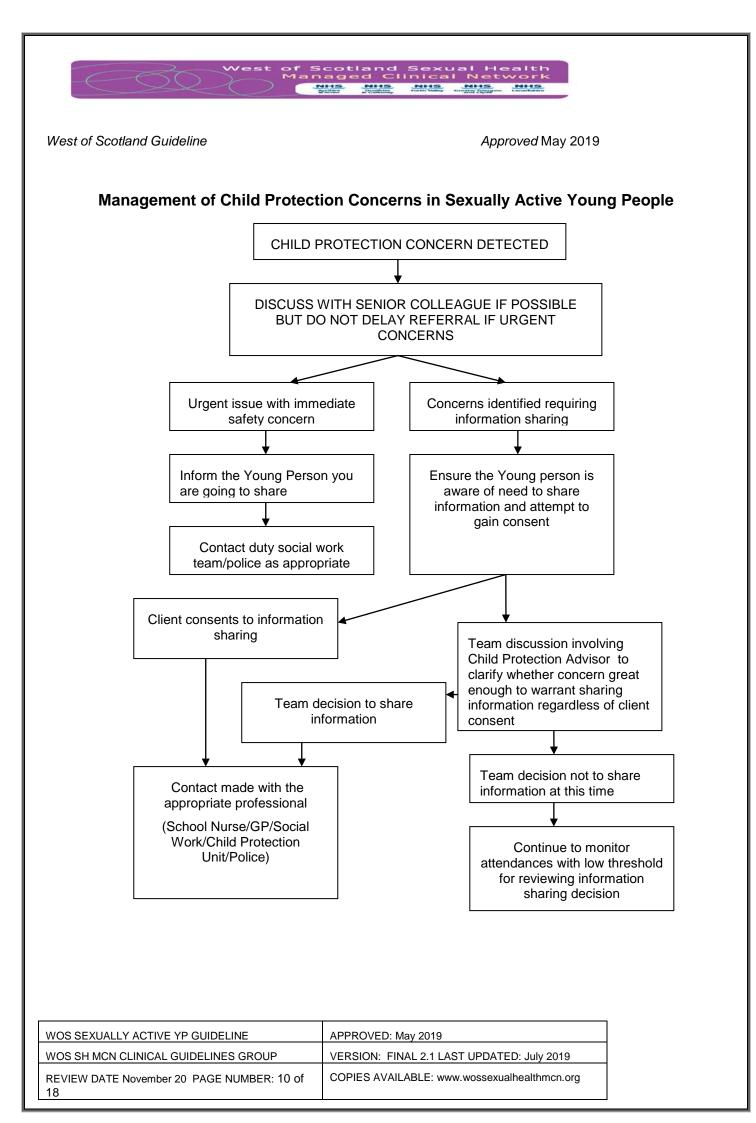
- Are there occasions where anyone else has been present when they have been having sex
- Does the person they are having sex with make them scared or uncomfortable or force/intimidate them in to having sex/types of sex
- Is there a history of being forced into having sexual contact with someone recently or even as a younger child
- Do they use alcohol or drugs at any time including when they have sex
- Are they being given gifts/money/mobile phones/protection in exchange for sexual acts or other tasks
- Do they feel depressed or low in mood
- Is there a history of self harm
- Have they been asked to send images of themselves naked to anyone or does anyone have images of them naked

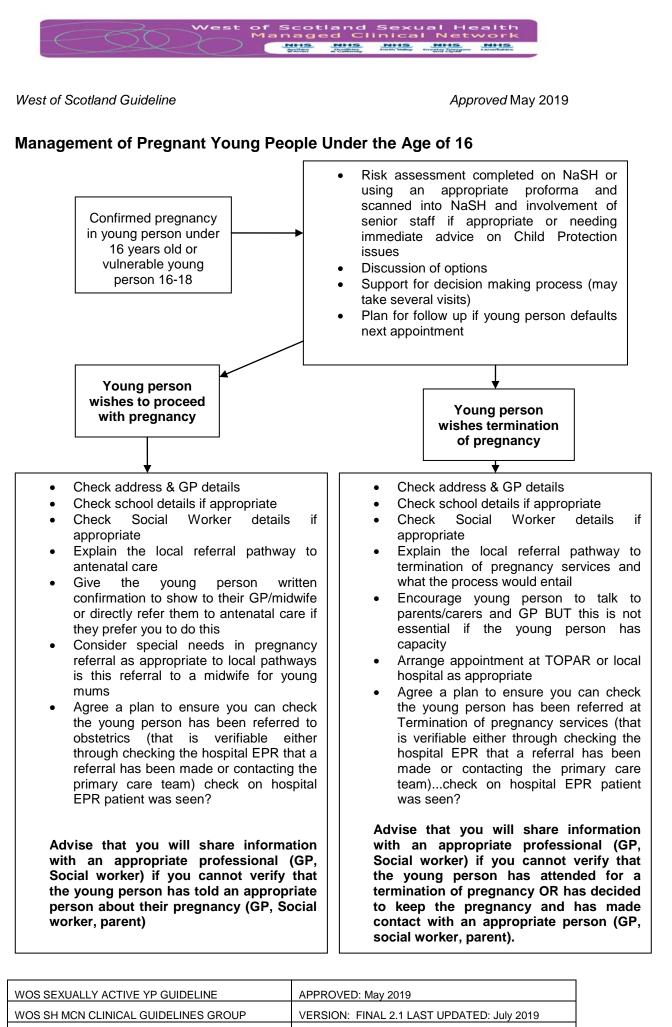
Be aware that they may perceive their situation as consensual when in fact they are being groomed, as may be the nature of sexual exploitation

Have you any child protection concerns? If they are concerns that warrant immediate action have you discussed them with a senior member of staff/ the consultant on call. What action is to be taken?

Have you any other concerns that need addressed? If so: Have you discussed these? What action is to be taken?

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 9 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org





REVIEW DATE November 20 PAGE NUMBER: 11 of	COPIES AVAILABLE: www.wossexualhealthmcn.org
--	--

18



Approved May 2019

Please see Appendices on pages 13-16 for important contact details

References and useful links

Family Planning Association policy statement Young People and Sexuality (2017 <u>http://www.fpa.org.uk/sites/default/files/young-people-policy-statement.pdf</u>

Responding to underage Sexual Activity (2017) Ayrshire & Arran <u>http://athena/cwshs/ChildProt/Child%20Protection%20Guidelines%20%20Pratice%20Informatio</u> n/2017-11-20%20Underage%20sexual%20activity_revise%20Dec%202020.pdf

Age of legal Capacity (Scotland) Act 1991. http://www.legislation.gov.uk/ukpga/1991/50/contents

Under-age sexual activity: Meeting the need of Children and Young People and identifying Child Protection Concerns (2010) Scottish Government http://www.scotland.gov.uk/Resource/Doc/333495/0108880.pdf

GIRFEC (2016) Scottish Government: http://www.gov.scot/Topics/People/Young-People/gettingitright

National Guidance for Child Protection in Scotland (2012) http://www.scotland.gov.uk/Publications/2012/12/9727

Under-age sexual activity: Meeting the needs of Children and Young People and identifying the child protection concerns 2010, Scottish Government http://www.scotland.gov.uk/Resource/Doc/333495/0108880.pdf

General Data Protection regulation – children and the GDPR (2018) https://ico.org.uk/for-organisations/guide-to-data-protection/guide-to-the-general-dataprotection-regulation-gdpr/children-and-the-gdpr/how-does-the-right-to-be-informed-apply-tochildren

Sexual Offences (Scotland) Act https://www.legislation.gov.uk/asp/2009/9/part/4

The FPA - Law on Sex fact sheet. http://www.fpa.org.uk/factsheets/law-on-sex

Spotting the Signs – a national proforma for identifying risk of child sexual exploitation in sexual health services (2014) Department of Health

https://www.brook.org.uk/our-work/spotting-the-signs-cse-national-proforma

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 12 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

Appendices

Important contact details – Health Board specific contact details tables:

NHS AYRSHIRE & ARRAN

Position	Contact Details			
Dedicated	Dr Mona Rahim, Rainbow House, Ayrshire Central Hospital, Irvine,			
Consultant	KA12 8SS			
Paediatrician for	01294 323 070/ 01294 323 435			
Child Protection	Mona.Rahim@aapct.scot.nhs.uk			
Sexual Assault	The Archway, Sandyford Place, G3 7NB. 014 1211 8175			
Referral Centre				
Child Protection	Flat 62 Lister Street, Crosshouse Hospital, KA2 0BE 01563			
Health Team	826001/002			
Child Protection	Nurse Consultant Flat 62 Lister Street, Creeshouse Lisepital, KA2 OPF			
Lead	Nurse Consultant Flat 62 Lister Street, Crosshouse Hospital, KA2 0BE			
Leau	01563 825834			
Family Protection	Ayrshire Public Protection Unit, Kilmarnock Police Office 01563 505135			
Units	(covers all Ayrshire)			
Social care direct	South Ayrshire			
	Children's Services - Children and Families Social Work, Child Care			
	Teams			
	Ayr 01292 267675			
	Girvan 01465 712299			
	North Ayrshire			
	Irvine: 01294 310300			
	Kilbirnie: 01505 684551			
	Arran: 01770 600742			
	Ardrossan: 01294 468213			
	East Ayrshire			
	Kilmarnock:01563 554200			
	Cumnock: 01290 427720			
	Pan- Ayrshire Emergency Social Work Service- out of hours			
	Tel: 0800 328 7758			
Oncall FP/GUM	No on-call consultant. For child protection, contact paediatric on-call			
Consultant	consultant			
Childline Scotland	0800 11 11 (For Children)			
	0870 336 2910 (For Professionals)			
Rape Crisis Centre	Rape Counselling and Resource Centre			
	PO Box 23			
	Kilmarnock			
	KA1 1DP			
	Office: 01563 544686			
	Helpline: 01563 541769			
	Email: rcrc1@btconnect.com			
	Web: rapecounsellingandresourcecentre.co.uk			

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 13 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

NHS DUMFRIES & GALLOWAY

Position	Contact Details
Dedicated	Lead Clinician for Child Protection
Consultant	Dumfries Royal Infirmary, Cargenbridge, ,
Paediatrician for	Dumfries DG2 8RX
Child Protection	Tel: 01387 246246 ask to speak to Lead Clinician for Child Protection
	if they unavailable ask for the paediatrician on call
NHS	Nurse Consultant in Child Protection
Public Protection	NHS Public Protection Team, Room 1, 2 nd Floor South, Mountainhall Treatment
Unit	Centre, Dumfries DG1 4AP
	Tel: 01387 244300
Child Protection	Child Protection Lead Clinician for Sexual Health Dr Maggie Gurney Tel: 01387 244616
Lead for Sexual	and ask for Dr Maggie Gurney or Rebecca Brazenall Lead Nurse
Health	
Sexual Health D&G	Nithbank, Dumfries DG1 2SD
	Tel: 0345 702 3687
	Email: dgsexualhealth@nhs.net
	Helpline (Mon-Fri 12pm to 2pm) 07736 955 219
	Facebook : private message to Sexual Health D&G
A	www.sexualhealthdg.co.uk
Child and	The Willows
Adolescent Mental	Crichton Campus
Health Services	Dumfries
(CAMHS) and	DG1 4TG
ISSU18	Tel : 013878 244662
	ISSU18 – young people's substance service is a regional service for children and
	young people aged 0-18, who are experiencing problematic substance misuse
	(including alcohol) together with multiple complex problems. These problems may
	include mental health issues such as depression, ADHD or an anxiety disorder.
Public Protection	Tel 101 and ask for the Public Protection Unit in D&G
Unit	
Local Authority	Within Office Hours:
D&G	Local Authority Agency Contacts
	Child MASH
	Cornwall Mount,
	Dumfries
	01387 270460
	Out of Office Hours:
	Social Work - West of Scotland Standby Service
	Public Use - Freephone: 0800 811 505
	Professional Use - 03003 431 505
	24 Hour Child Protection Helpline: 0800 022 3222
Sexual Assault	Police 999 or 101
	Sexual Assault Referral Centre
	The Archway, Sandyford Place, Glasgow, G3 7NB. Tel: 014 1211 8175
Rape Crisis	Southwest Rape Crisis & Sexual Abuse Centre, George Street Mews, Dumfries DG1
Scotland	1HH Tel: 01387 253113 or 01776 889331
	www.southwestrapecrisis.org
	Rape Crisis Scotland Helpline every day, 6pm to midnight Tel: 08088 01 03 02

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 14 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

D&G Continued

Hear 4 U LGBT Youth	Specialist Advocacy Services for Children and Young People 7 George Street Muse Dumfries DG1 1HH Tel: 01387 264733 www.hear4u@barnardos.org.uk Laurieknowe Central Laurieknowe, Dumfries
LGBT Youth	Dumfries DG1 1HH Tel: 01387 264733 <u>www.hear4u@barnardos.org.uk</u> Laurieknowe Central Laurieknowe,
LGBT Youth	DG1 1HH Tel: 01387 264733 <u>www.hear4u@barnardos.org.uk</u> Laurieknowe Central Laurieknowe,
LGBT Youth	Tel: 01387 264733 www.hear4u@barnardos.org.uk Laurieknowe Central Laurieknowe,
LGBT Youth	www.hear4u@barnardos.org.uk Laurieknowe Central Laurieknowe,
LGBT Youth	Laurieknowe Central Laurieknowe,
LGBT Youth	Laurieknowe,
	Dumfrice
	Dumfries,
	DG2 7AJ
	Call: 01387 255 058
	Email: info@lgbtyouth.org.uk
<u></u>	www.lgbtyouth.org.uk
CU Thru	Support in Mind Scotland (Regional Office)
	2 Gordon Street
	Dumfries
	DG1 1EG
	Tel: 01387 255456
	E-mail: dumfries@supportinmindscotland.org.uk
	www.supportinmindscotland.org.uk
	Support in Mind Scotland works to improve the wellbeing and quality of life of people
	affected by serious mental illness. This included those who are family members, carers
	and supporters.
Domestic Abuse	Dumfriesshire and Stewartry Women's Aid
Services/Women's	12 Whitesands
Aid	Dumfries
	DG1 4TE
	Tel : 01387 263052 or 07710 152 772
	Wigtownshire Women's Aid
	22 Bellevilla Road,
	Stranraer
	DG9 8ED
	Tel: 01776 703 104
	www.scottishwomensaid.org.uk
	National Domestic Abuse Helpline: 0800 027 1234
	National Domestic Abuse Helpline: 0800 027 1234

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 15 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

NHS FORTH VALLEY

Position	Contact Details		
Dedicated Consultant	Kristyna Bohmova		
Paediatrician for Child			
Protection			
Sexual Assault Referral	The Archway, Sandyford Place, G3 7NB. 014 1211 8175		
Centre			
Child Protection Unit	01786 477420		
Child Protection Lead	Strategic – Professor Angela Wallace		
Family Protection Units	01324 574 948		
Social care direct	Stirling 01786471177		
	Clackmannan 01259 22500 0		
	Falkirk 01324 506400		
	Emergency out of hours: 01786470500		
Oncall FP/GUM	No on call		
Consultant			
Childline Scotland	0800 11 11 (For Children)		
	0870 336 2910 (For Professionals)		
Rape Crisis Centre	Telephone support 08088 01 03 02		

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 16 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



West of Scotland Guideline NHS GREATER GLASGOW & CLYDE

Approved May 2019

Position	Contact Details			
Dedicated Consultant Paediatrician for Child Protection	Via Children's Hospital switchboard: 0141 201 0000			
Sexual Assault Referral Centre	The Archway, Sandyford Place, G3 7NB. 014 1211 8175			
Child Protection Unit	Royal Hospital for Sick Children, Tel: 0141 201 9253			
Sandyford Child Protection Lead	0141 211-8613			
Family Protection Units	North Glasgow + East Dumbartonshire Saracen Police Office 0141 532 3966/3967	Dumbartonshire Clydebank Police Office 0141 532 3358/3314	East Glasgow Baird Street/Saracen Police Office 0141 532 3966/3967	South Glasgow + East Renfrewshire Aitkenhead Police Office 0141 532 5003/4985
	Hamilton, Cambuslang & East Kilbride Cambuslang Blantyre Police Office 01698 202536	Motherwell Motherwell Police Office 01698 483095	Central and West Glasgow Stewart Street Police Office 0141 532 3004/3031	Renfrew, Paisley & Greenock Renfrew Police Office 0141 532 6121/6160
Social care direct	Ayrshire & Kilmarnock Ayr Police Office - 01563 505135/505092 Phone 0141 287 0555 Out of hours: 0800 811505			
Oncall FP/GUM Consultant	Sandyford Consultants can be contacted by paging via Gartnavel Switchboard 0141-211-3000			
Childline Scotland	0800 11 11 (For Children) 0870 336 2910 (For Professionals) - 18 Albion Street, Glasgow, G1			
Strathclyde Rape Crisis Centre	PO Box 53, Glas	gow G1 1WE 0141	552 3200	

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 17 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org



Approved May 2019

NHS LANARKSHIRE

Position	Contact Details		
Dedicated Consultant Paediatrician for Child Protection	Lead Clinician for Child Protection Dr Lila Agrawal, Motherwell Health Centre. Tel: 01698 242657 ask to speak to Lead Clinician for Child Protection if they unavailable ask for the paediatrician on call		
Child Protection Unit	Nurse Consultant in Child Protection NHS Child Protection Team, Regent House, 9 High Street, Hamilton ML3 7ES Tel: 01698 452858 ask to speak with Nurse consultant or on call advisor		
Child Protection Lead for Sexual Health	Child Protection Lead Clinician for Sexual Health Dr Rashmi Ronghe Tel: 01236 707591 and ask for Dr Rashmi Ronghe or Lead Nurse		
Social Work Dept NORTH	Airdrie 01236 757000 Coatbridge	Cumbernauld 01236638700 Bellshill 01698 346666	Motherwell 01698 332100 Wishaw 01698 348200
SOUTH	01236 622100		
	Rutherglen 01416135000 East Kilbride 0135580700	Hamilton 01698 455400	Clydesdale 0303 123 1008
	Out of hours call West of Scotland standby Tel: 0303 123 1008		
Sexual Assault Referral Centre	The Archway, Sandyford Place, Glasgow, G3 7NB. Tel: 014 1211 8175		
Childline Scotland	Tel: 0800 1111 (for children) Tel: 0870 336 2910 (for professionals)		
Rape Crisis Scotland	Free Rape Crisis Scotland Helpline every day 6pm to midnight Tel: 08088 01 03 02 Southwest Rape Crisis & Sexual Abuse Centre, George Street Mews, Dumfries DG1 1HH Tel: 01387 253113 Lanarkshire Rape Crisis Centre 23-25 Brandon Street, Hamilton ML3 6DA. Tel 01698 527006		

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: May 2019
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: FINAL 2.1 LAST UPDATED: July 2019
REVIEW DATE November 20 PAGE NUMBER: 18 of 18	COPIES AVAILABLE: www.wossexualhealthmcn.org