

## **Young People who are Sexually Active** **A Guide for Staff Working with this Client Group**

<b><u>CONTENTS</u></b>	<b><u>PAGE</u></b>
Confidentiality	2
Consenting to Medical Treatment	3
Fraser Guidelines	3
The Parent's Rights	4
The Responsibilities of the Service	4
GIRFEC	5
Managing Current or Historical Sexual Activity Under the Age of 13	6
Laws Relating to Sexual Offences in Young People	7
Young Person's Risk Assessment	8
Management of Child Protection Concerns in Sexually Active Young People	10
Management of Pregnant Young People Under the age of 16	11
References	12
Appendix 1: Important individual board Contacts	13-18

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 1 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## Who is a young person and who does this guidance apply to?

A young person is someone under the age of 16 years or under aged 18 years if the local authority is responsible for their care.

## Confidentiality

**Confidentiality is particularly important to young people. Services must offer and advertise the fact that information will only be shared in cases where it is necessary for safeguarding**

Young people worry about the confidentiality of sexual health services and this can be one of the main reasons they fail to seek professional advice and may not disclose sexual activity or abuse. The confidentiality that is owed to a person less than 16 years of age is equal to that of an older person. Professionals working with young people must protect their right to confidentiality in all but the most exceptional cases. If it is felt that is in the young person's best interests to share information then every effort should be made first to gain the consent of the person concerned however, confidentiality does not prevent information sharing where there is risk of significant harm.

The decision to share information depends on an assessment of current or potential harm, and not on the person's actual age. Health professionals can only disclose information if it is in the child's best interest. They must also consider what information requires to be shared within their own and/ or with other agencies to ensure that a pattern of behaviour or a disclosure of potential risk is not being missed. Health professionals are required to share as much information as is necessary to protect a child.

The health care worker must be prepared to justify his/her decision to share information on the patient, to his/her colleagues and to their relevant professional association. Reasons for sharing information should be documented clearly.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 2 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## Consenting To Medical Treatment

Although Fraser Guidelines (see below) can be used as a guide in Scotland, the primary legislation that should be used in Scotland when determining capacity to consent to medical treatment is the Age of Legal Capacity (Scotland) Act 1991.

**The Age of Legal Capacity (Scotland) Act 1991** states that a person under the age of 16 has the right to consent to treatment if he/she is capable of understanding the nature and possible consequences, benefits and risks of the procedure or treatment.

- Do you think they understand the information you've given them?
- Do you think they can assess the pros and cons of the management you're suggesting?
- Do you think they have the ability to make a clear choice?
- Are they able to make that choice freely?
- Do you think they have communicated their decisions to you clearly?
- Do you think they have the capacity to consent to the treatment or procedure you're proposing?
- Is it in their best interests to offer them the proposed management?

## Fraser Guidelines

The Fraser guidelines refer to the guidelines set out by Lord Fraser in his judgment of the Gillick case in the House of Lords (1985), which applied specifically to contraceptive advice. These guidelines state that young people under the age of 16 can access treatment without parental consent as long as it is in the young person's best interest. Health professionals use these guidelines to assess whether a young person can be provided with confidential contraceptive services without parental consent.

Fraser guidelines originally related to contraceptive advice and treatment but they now apply to decisions about treatment for sexually transmitted infections and termination of pregnancy.

**Lord Fraser stated that a doctor could proceed to give advice and treatment, "provided he is satisfied in the following criteria":**

1. The young person understands the health professional's advice
2. The young person is aware that the health professional cannot inform his/her parents that he/she is seeking sexual health advice without consent, nor persuade the young person to inform his/her parents
3. The young person is very likely to begin having, or continue to have, intercourse with or without contraceptive/sexual health treatment
4. Unless he/she receives contraceptive advice or treatment the young person's physical or mental health, or both, are likely to suffer
5. The young person's best interests require the health professional to give contraceptive advice, treatment, or both without parental consent

If the above criteria is not met or there is reason to believe that the child is under pressure to give consent or is being exploited, there would be grounds to break confidentiality.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 3 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## The Parent's Rights

- Parents have a right of custody until a young person is 16, but this right can only be exercised if it promotes the young person's interests
- There is no law requiring parental consent before advice/treatment is given to a young person and practitioners are not required to inform parents
- It is preferable for young people to have parental/carer support and the value of this should be discussed, recognising that in certain circumstances this may not be in the interest of the child

## The Responsibilities of the Service

***The law must protect young people from abuse, but it should not be an obstacle to their ability to get help and advice when they need it. Where young people are accessing sexual health services, it is crucial that professionals do not confuse child protection issues with the normal sexual development of young people. In the case of doubt advice should always be sought by the local NHS Child Protection Advisor.***

Health care workers should:-

- Aim to give the young person the knowledge and skills to be responsible for their own sexual health
- Aim to establish trust between the young person and the clinician to ensure the best care. The clinician is in a privileged position to talk about sex and sexuality, relationships and other relevant issues where there may be the opportunity for harm reduction (for example eating disorders, deliberate self-harm and drug and alcohol abuse)
- Positively promote the young person's sense of worth and self-esteem, their health and development, so that they are able to make informed decisions
- Facilitate harm minimisation through education and support, medical care including provision of emergency and ongoing contraception, pregnancy advice, and the testing and treatment of sexually transmitted infections
- To recognise and facilitate timely information sharing with appropriate partners when a young person is at risk of harm
- Encourage the young person to speak to their parents/carer where it is safe to do so
- Young people are exposed to mixed messages about human sexuality and behaviour, which can be detrimental to their wellbeing. This may result in vulnerability to exploitation and abuse within sexual relationships
- Give young people support to recognise the signs of exploitation, oppression, physical and emotional harm

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 4 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>



West of Scotland Guideline

Approved March 2025

## Getting It Right For Every Child (GIRFEC)

Getting it right for every child (**GIRFEC**) is the Scottish Government's approach to supporting children and young people.

GIRFEC should underpin all practice with children and young people. It is designed to be a uniform approach for all professionals working with children, young people and their families who need extra support. It ensures that services hold children and their families at the heart of decision making and that agencies work together across service boundaries. Sexual health services should have knowledge of this approach and work towards its core components, values and principles.

All young people have a named person until they are 18 (or later if still at school). That named person is the first point of contact for a child or their families who have concerns or need extra support. Once a concern has been brought to their attention, the 'Named Person' – who will be the first point of contact for the child and their family, will take action, help, or arrange for the right help in order to promote, support, and safeguard the child's development and wellbeing.

GIRFEC also provides a framework for assessing children and young people with 8 wellbeing indicators (**SHANARI**) – Safe, Healthy, Achieving, Nurtured, Active, Responsible, Respected and Included. This framework can be useful when recording significant events, observations and concerns to share with other professionals especially in more vulnerable young people.

### Young people requesting personal data or who have concerns regarding information sharing

Young people have the right to request a copy of their personal data under both the Data Protection Act 1998 and General Data Protection Regulation 2018 . Young people can access their records by requesting a copy in writing. Both pieces of legislation state that parents are not permitted to see a young person's health record unless the young person has given consent or the young person is deemed too young to understand how to make a request. Young people have the same rights as adults over their personal data and can access their records by requesting access in writing.

For young people who have concerns about how information has been shared or wish to complain about a "breach in their confidentiality" the Scottish Child Law Centre can provide relevant advice and information.

- **For advice email:** [advice@scllc.org.uk](mailto:advice@scllc.org.uk)
- **Admin line:** 0131 668 4400

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 5 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## **Managing sexual activity under the age of 13**

### **Young People Aged Less Than 13 Years Of Age at Time of Disclosure**

The Scottish Government National Child Protection guidance states that all sexually active young people **aged less than 13 years of age** MUST have information shared. This information requires to be shared with the Child Protection Advisor, police and social work or their named person depending on the details of the sexual activity. The timing of this will depend on the individual clinical situation eg: assess the risk of harm.

All these young people must be seen by or discussed with a senior clinician at the time that they attend if possible or at the earliest opportunity.

Child protection measures MUST be instigated if the child is, or believed to be, sexually active and is **aged less than 13 years of age**.

- Relevant advice should be given and appropriate treatment offered
- Every effort should be made to get adequate contact details such as a mobile phone number to allow further contact
- All young people **aged less than 13 years of age** should have specific follow up arranged, to allow a further evaluation of their situation and any necessary medical follow up to take place. This is especially important where there are no/unreliable contact details
- Ensure follow up/ further assessment takes place
- They should be informed at their first attendance that information about their attendance will be shared with the appropriate social work team. Their consent to do this should be sought and they should be given the chance to discuss how this would be done

### **Young people aged 13 years and over who disclose historical sexual activity that happened *WHEN* they were under the age of 13 years**

The new National guidance on working with sexually active young people states that even if the young person is 13 years or over, a disclosure of historical sexual activity at under 13 years of age should also prompt information sharing with social work/appropriate agencies.

In the first instance discuss with the person responsible for young people within your service in line with local child protection protocols. These cases will be considered on a case by case basis and appropriate sharing in the young person's best interests will be considered.

### **Laws Relating to Sexual Offences in Young People**

The age of consent to any form of sexual activity is 16 for both men and women, so that any sexual activity between an adult and someone under 16 is a criminal offence.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 6 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>



West of Scotland Guideline

Approved March 2025

There are possible defenses if the sexual activity does not involve penetrative or oral sex. These are if the older person believed the young person to be aged 16 or over and they have not previously been charged with a similar offence, or the age difference is less than two years.

Sexual intercourse (vaginal, anal or oral sex) between young people aged 13-15 are also offences, even if both partners consent.

A range of specific offences protect children under 13, who cannot legally give their consent to any form of sexual activity. The maximum penalty could be life imprisonment for rape, sexual assault, sexual assault by penetration, or causing a young child to participate in sexual activity. There is no defense that the accused believed that the child was older.

Guidance from the Scottish Government acknowledges that not every case of sexual activity in under-16s will have child protection concerns, but young people may still be in need of support in relation to their sexual development and relationships.

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 7 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## **YOUNG PERSON'S RISK ASSESSMENT**

Ensure accurate documentation of the consultation. In addition to relevant clinical information, contact details, the name of any known social work contact, and the school or college attended should be recorded in the case note. The following section describes information that is helpful in assessing a young person's situation.

### ***For young persons under 16 and those under 18 who may be vulnerable***

- **Check 'patient details' page on NASH** to ensure correct contact details
- Complete and document the basic NASH risk assessment which should be repeated at every visit (NASH page – Young people risk assessment questionnaire)
- Outline the young person's rights with respect to confidentiality, including the ways information may be used and the limits to confidentiality, as for all consultations (see your Health Board Confidentiality Policy; Data Protection & confidentiality leaflet)
- Discuss issues of confidentiality and highlight that you may need to share information if you have concerns about their wellbeing and safety
- Consider the intellectual age of the young person or any special needs they may have e.g. Learning Disabilities or being Looked After or Accommodated?
- Consider who else was present at the consultation? Specify the relationship and document it in the notes (e.g. friend/carer/partner)
- It is best practice to see the young person alone for at least part of consultation – consider strategies to achieve this in your service and document if it has not been possible<sup>2</sup>

### ***Risk Assessment including child sexual exploitation risk assessment***

The following is a list of issues that should be considered and asked. It is not a checklist but the more areas that are covered the better chance of picking up on young people at risk of sexual harm/exploitation. It may not be possible to do this at every visit but any gaps should be filled at subsequent visits if possible:

- Do they attend School/referral unit/college/employment/training
- Do they attend regularly and enjoy going?
- Can they talk to anyone there?
- Who do they live with?
- How are things at home?
- Do they have anyone they can talk to at home?
- Ascertain if they are a young carer, a looked after or accommodated child, homeless, bereaved or have a disability
- Do they have other agencies involved in their care e.g. social work or mental health teams?

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 8 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>



• **Are they currently sexually active or planning sexual activity?**

- If they are sexually active, clarify what they understand about sexual activity – e.g penetrative vaginal, anal or oral sex so that you understand exactly what has taken place
- What was their age at first sexual contact?
- When did they last have sexual contact?
- Are they happy with the person they are having sexual contact with?
- What is the age of their sexual partner(s)?
- How many people have they had sexual contact with in the last 3 and 12 months?
- Where did they meet the person they are having sexual contact with and where do they have sex?
- Are there occasions where anyone else has been present when they have been having sex?
- Does the person they are having sex with make them scared or uncomfortable or force/intimidate them in to having sex/types of sex?
- Is there a history of being forced into having sexual contact with someone recently or even as a younger child?
- Do they use alcohol or drugs at any time including when they have sex?
- Do they stay out all night or do they go 'missing from home'?
- Do they ever get lifts from people they don't know very well?
- Do they ever watch Porn? With whom? Does it make them feel uncomfortable?
- Are they being given gifts/money/mobile phones/protection in exchange for sexual acts or other tasks?
- Do they feel depressed or low in mood?
- Is there a history of self harm?
- Have they been asked to send images of themselves naked to anyone or does anyone have images of them naked?

In addition there are risk assessment tools that can be used to assess sexual exploitation risk, such as the The Brook Spotting the Signs Tool 2023 which was designed to guide professionals to ask children and young people the key questions that can help identify abuse and/or exploitation. Rather than acting as a checklist of questions, the Tool is designed to facilitate a conversation with the child or young person to help understand their situation better. Each board may use a slightly different version/tool. The following is the link to access the original tool:

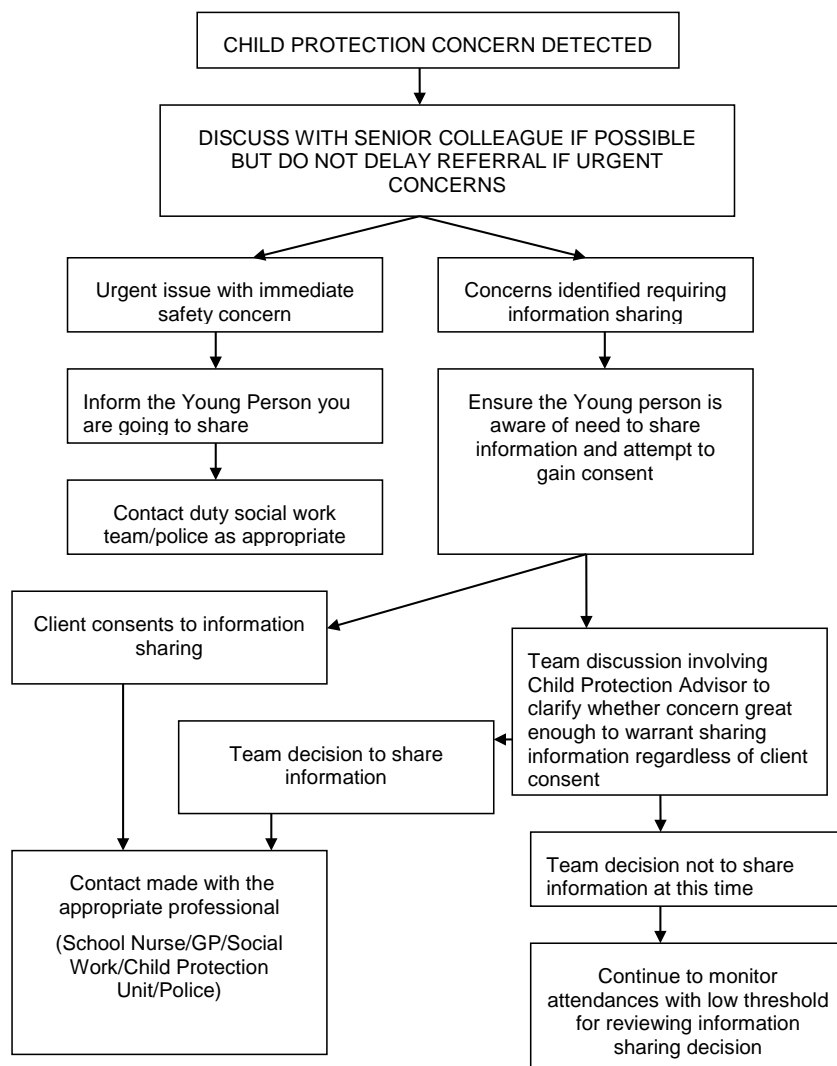
<https://www.brook.org.uk/spotting-the-signs-tool/#download>

**Be aware that the young person may perceive their situation as consensual when in fact they are being groomed**

**If you have any child protection concerns** that warrant immediate action discuss them with a senior member of staff/ the consultant on call. What action is to be taken? See flowchart on page 10.

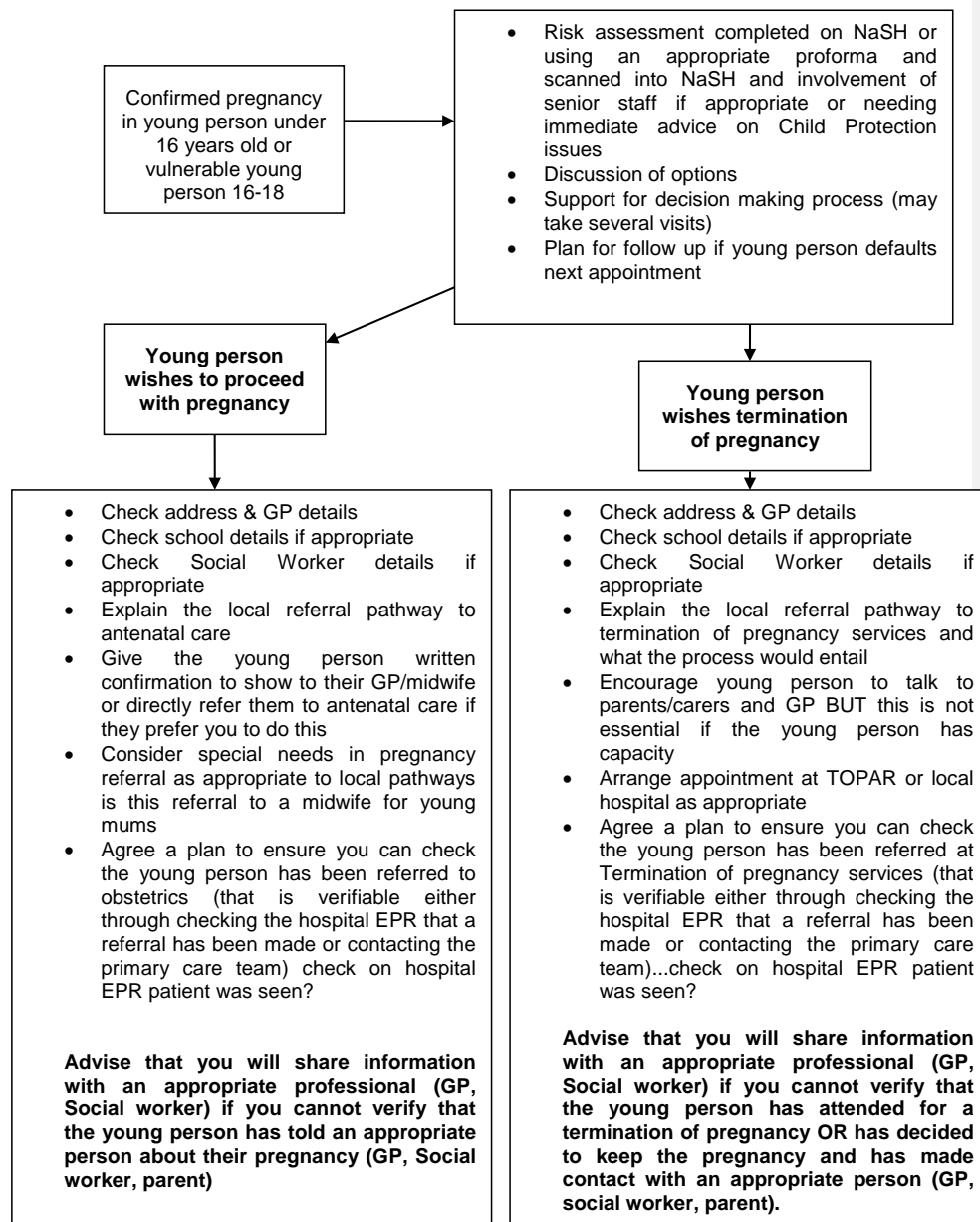
WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 9 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## Management of Child Protection Concerns in Sexually Active Young People



WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 10 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## Management of Pregnant Young People Under the Age of 16



WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 11 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## References and useful links (Accessed May 2024)

Family Planning Association: Law on Sex Factsheet overview

<https://www.fpa.org.uk/professionals/factsheets/>

Age of legal Capacity (Scotland) Act 1991.

<http://www.legislation.gov.uk/ukpga/1991/50/contents>

Under-age sexual activity: Meeting the need of Children and Young People and identifying Child Protection Concerns (2010) Scottish Government

<https://www.gov.scot/publications/national-guidance-under-age-sexual-activity-meeting-needs-children-young/>

GIRFEC (2016) Scottish Government:

<http://www.gov.scot/Topics/People/Young-People/gettingitright>

National Guidance for Child Protection in Scotland

<https://www.gov.scot/collections/national-guidance-for-child-protection-in-scotland/>

Under-age sexual activity: Meeting the needs of Children and Young People and identifying the child protection concerns 2010, Scottish Government

<https://www.gov.scot/publications/national-guidance-under-age-sexual-activity-meeting-needs-children-young/>

General Data Protection regulation – children and the GDPR (2018)

<https://ico.org.uk/for-organisations/guide-to-data-protection/guide-to-the-general-data-protection-regulation-gdpr/children-and-the-gdpr/how-does-the-right-to-be-informed-apply-to-children>

Sexual Offences (Scotland) Act

<https://www.legislation.gov.uk/asp/2009/9/part/4>

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 12 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## Appendix 1 Health Board Contact Details

### NHS AYRSHIRE & ARRAN

Position	Contact Details
<b>Dedicated Consultant Paediatrician for Child Protection</b>	Dr Mona Rahim, Rainbow House, Ayrshire Central Hospital, Irvine, KA12 8SS 01294 323 435 <a href="mailto:Mona.Rahim@aapct.scot.nhs.uk">Mona.Rahim@aapct.scot.nhs.uk</a>  On-call out of hours 01563-521133 (switch board)
<b>Sexual Assault Referral Centre</b>	The Archway, Sandyford Place, G3 7NB. 014 1211 8175
<b>Child Protection Health Team</b>	Flat 62 Lister Street, Crosshouse Hospital, KA2 0BE 01563 826001/002
<b>Child Protection Lead</b>	Nurse Consultant Flat 62 Lister Street, Crosshouse Hospital, KA2 0BE 01563 825834
<b>Family Protection Units</b>	Ayrshire Public Protection Unit 01563 505092/505012 (covers all Ayrshire)
<b>Social care direct</b>	<b>South Ayrshire</b> Children's Services - Children and Families Social Work, Child Care Teams Ayr 01292 267675 Girvan 01465 716124 <b>North Ayrshire</b> Irvine: 01294 310300 Kilbirnie: 01505 684551 Arran: 01770 600742 Ardrossan: 01294 468213 <b>East Ayrshire</b> Kilmarnock: 01563 554200 Cumnock: 01290 427840 <b>Pan- Ayrshire</b> Emergency Social Work Service- out of hours Tel: 0800 328 7758
<b>Oncall FP/GUM Consultant</b>	No on-call consultant. For child protection, contact paediatric on-call consultant
<b>Childline Scotland</b>	0800 11 11 (For Children) 0870 336 2910 (For Professionals)
<b>Rape Crisis Centre</b>	Rape Counselling and Resource Centre PO Box 23 Kilmarnock KA1 1DP Office: 01563 544686 Helpline: 01563 541769 Email: <a href="mailto:rcrc1@btconnect.com">rcrc1@btconnect.com</a> Web: <a href="http://rapecounsellingandresourcecentre.co.uk">rapecounsellingandresourcecentre.co.uk</a>

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 13 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## NHS DUMFRIES & GALLOWAY

Position	Contact Details (Telephone Number and Email Address)
<b>Dedicated Consultant Paediatrician for Child Protection</b>	<p><b>Dr Christian Harkensee</b>  <a href="mailto:christian.harkensee@nhs.scot">christian.harkensee@nhs.scot</a>  <i>Consultant paediatrician, paediatric infectious diseases &amp; immunology</i>  <i>Lead Doctor for Child Protection</i>  <i>Department of Paediatrics</i>  <i>Dumfries &amp; Galloway Royal Infirmary</i>  <i>Cargenbridge, Dumfries, DG2 8RX, Scotland</i>  <i>Phone: ++01387-246246 (switchboard), ++01387-241963 (secretary)</i></p>
<b>Sexual Assault Referral Centre</b>	<p><b>Soosan Romel</b>  <a href="mailto:soosan.romel2@nhs.scot">soosan.romel2@nhs.scot</a>            01387 244 614</p>
<b>Child Protection Health Team</b>	<p>Kim Irving            Nurse Consultant Public Protection &amp; Gender Based Violence (GBV)            Lead</p> <p><i>NHS Dumfries and Galloway</i>  <i>Public Protection Team</i>  <i>Room 1</i>  <i>2nd Floor South</i>  <i>Mountainhall Treatment Centre</i>  <i>Dumfries</i>  <i>DG1 4AP</i>  <i>01387 244300</i>  <i>Mobile : 07977231200</i>  <i>Email <a href="mailto:dq.ChildProtectionTeam@nhs.scot">dq.ChildProtectionTeam@nhs.scot</a></i></p> <p><u><i>Social Work Tel: 03033 333001</i></u></p>
<b>Child Protection Lead</b>	<p>Kim Irving            Nurse Consultant Public Protection &amp; Gender Based Violence (GBV)            Lead</p>
<b>Family Protection Units</b>	<p>Kim Irving            Nurse Consultant Public Protection &amp; Gender Based Violence (GBV)            Lead</p>

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 14 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

West of Scotland Guideline

Approved March 2025

<b>Social care direct (Please specify all in your board)</b>	
<b>On call FP/GUM Consultant</b>	Gillian Fraser, <a href="mailto:Gillian.fraser12@nhs.scot">Gillian.fraser12@nhs.scot</a> 01387 244 614
<b>Childline Scotland</b>	0800 11 11 (For Children) 0870 336 2910 (For Professionals)
<b>Rape Crisis Centre</b>	Claire Torrance <a href="mailto:claire@rape-crisis.org.uk">claire@rape-crisis.org.uk</a>

D&G Continued

<b>Childline Scotland</b>	Tel: 0800 1111 (for children) Tel: 0870 336 2910 (for professionals)
<b>Hear 4 U</b>	Specialist Advocacy Services for Children and Young People 7 George Street Muse Dumfries DG1 1HH Tel: 01387 264733 <a href="http://www.hear4u@barnardos.org.uk">www.hear4u@barnardos.org.uk</a>
<b>LGBT Youth</b>	Laurieknowe Central Laurieknowe, Dumfries, DG2 7AJ Call: 01387 255 058 Email: <a href="mailto:info@lgbtyouth.org.uk">info@lgbtyouth.org.uk</a> <a href="http://www.lgbtyouth.org.uk">www.lgbtyouth.org.uk</a>
<b>CU Thru</b>	Support in Mind Scotland (Regional Office) 2 Gordon Street Dumfries DG1 1EG Tel: 01387 255456 E-mail: <a href="mailto:dumfries@supportinmindscotland.org.uk">dumfries@supportinmindscotland.org.uk</a> <a href="http://www.supportinmindscotland.org.uk">www.supportinmindscotland.org.uk</a> Support in Mind Scotland works to improve the wellbeing and quality of life of people affected by serious mental illness. This included those who are family members, carers and supporters.
<b>Domestic Abuse Services/Women's Aid</b>	Dumfriesshire and Stewartry Women's Aid 12 Whitesands Dumfries DG1 4TE Tel : 01387 263052 or 07710 152 772  Wigtownshire Women's Aid 22 Bellevilla Road,

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 15 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>



West of Scotland Guideline

Approved March 2025

Stranraer  
DG9 8ED  
Tel: 01776 703 104  
[www.scottishwomensaid.org.uk](http://www.scottishwomensaid.org.uk)  
National Domestic Abuse Helpline: 0800 027 1234

## NHS FORTH VALLEY

HEALTHBOARD: **Forth Valley**

Position	Contact Details (Telephone Number and Email Address)
<b>Dedicated Consultant Paediatrician for Child Protection</b>	kristyna bohmová <a href="mailto:kristyna.bohmova@nhs.scot">kristyna.bohmova@nhs.scot</a>
<b>Sexual Assault Referral Centre</b>	The Meadows 0800 148 88 88
<b>Child Protection Health Team</b>	01786 477 420 ( Mon – Friday 08.30-16.30) <a href="mailto:fv.nhsfvchildprotect@nhs.scot">fv.nhsfvchildprotect@nhs.scot</a>
<b>Child Protection Lead</b>	Lorna Hood Child Protection Nurse Consultant <a href="mailto:Lorna.hood2@nhs.scot">Lorna.hood2@nhs.scot</a> 01324 567 147
<b>Family Protection Units</b>	
<b>Social care direct (Please specify all in your board)</b>	OOH Social Work 01786 470 500 Falkirk SW 01324 506 400 Stirling SW 01786 404 040 Clackmannanshire SW 01259 225 000
<b>On call FP/GUM Consultant</b>	Via FVRH switchboard 01324 566 000
<b>Childline Scotland</b>	0800 11 11 (For Children) 0870 336 2910 (For Professionals)
<b>Rape Crisis Centre</b>	08088 01 03 02

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 16 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>



## NHS GREATER GLASGOW & CLYDE

HEALTHBOARD: Greater Glasgow and Clyde

Position	Contact Details (Telephone Number and Email Address)
<b>Dedicated Consultant Paediatrician for Child Protection</b>	Sarah Hill <a href="mailto:Sarah.hill7@nhs.scot">Sarah.hill7@nhs.scot</a> Via RHC switchboard: 0141 201 0000
<b>Sexual Assault Referral Centre</b>	Archway if >13 years - 0141 211 8175  Royal Hospital for Children if <13 years via RHC switchboard: 0141 201 0000
<b>Child Protection Health Team</b>	Child Protection Unit - 0141 451 6605
<b>Child Protection Lead</b>	Sarah Hill <a href="mailto:Sarah.hill7@nhs.scot">Sarah.hill7@nhs.scot</a> Via RHC switchboard: 0141 201 0000
<b>Family Protection Units</b>	Are set up via Police – call 101 to access local services
<b>Social care direct (Please specify all in your board)</b>	Glasgow City 0141 287 0555 Renfrewshire 0300 300 1199 option 1 East Renfrewshire 0141 577 8300 East Dunbartonshire 0141 777 3000 Clydebank 0141 562 8800 Dumbarton/ Alexandria 01389 608080 Greenock 01475 715 365 Port Glasgow 01475 715 270
<b>On call FP/GUM Consultant</b>	Sandyford clinic – 0141 211 8130
<b>Childline Scotland</b>	0800 11 11 (For Children) 0870 336 2910 (For Professionals)
<b>Rape Crisis Centre</b>	Archway - 0141 211 8175

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 17 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

## NHS LANARKSHIRE

Position	Contact Details (Telephone Number and Email Address)
<b>Dedicated Consultant Paediatrician for Child Protection</b>	Lead Clinician for Child Protection Dr Lila Agrawal, Motherwell Health Centre Tel: 01698 242657 On-call CP Paediatrician – University Hospital Wishaw – 01698 361100
<b>Sexual Assault Referral Centre</b>	The Archway, Sandyford Place, Glasgow, G3 7NB. Tel: 014 1211 8175
<b>NHSL Public Protection Team</b>	For advice / support contact: 01698 753742
<b>Child Protection Lead</b>	<b>If this is in Sexual Health</b> - Child Protection Lead Clinician for Sexual Health Dr Rashmi Ronghe Tel: 01698 753663 and ask for Dr Rashmi Ronghe or Lead Nurse
<b>Family Protection Units – now known as the Child Abuse Investigation Unit (CAIU)</b>	DI Lorraine Wilson- 01698 202546  Blantyre Police Office: Main office number 01698 202538 or 01698 202536
<b>Social care direct (Please specify all in your board)</b>	<b>NORTH LANARKSHIRE SOCIAL WORK (CHILD)</b>  AIRDRIE- 01236 757 000- <a href="mailto:airdriechildcare@northlan.gov.uk">airdriechildcare@northlan.gov.uk</a>  BELLSHILL- 01698 346666- <a href="mailto:bellshillchildcare@northlan.gov.uk">bellshillchildcare@northlan.gov.uk</a>  COATBRIDGE- 01236 622100- <a href="mailto:coatbridgechildcare@northlan.gov.uk">coatbridgechildcare@northlan.gov.uk</a>  CUMBERNAULD- 01236 638700- <a href="mailto:cumbernauldchildcare@northlan.gov.uk">cumbernauldchildcare@northlan.gov.uk</a>  MOTHERWELL- 01698 332100- <a href="mailto:motherwellchildcare@northlan.gov.uk">motherwellchildcare@northlan.gov.uk</a>  WISHAW- 01698 348200- <a href="mailto:wishawchildcare@northlan.gov.uk">wishawchildcare@northlan.gov.uk</a>  NORTH OUT OF HOURS 0800 121 4114  <b>SOUTH LANARKSHIRE SOCIAL WORK (CHILD)</b>  CAMUSLANG/RUTHERGLEN - 0303 123 1008 opt 4

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 18 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>

	<p><a href="mailto:swloclydesdale@southlanarkshire.gov.uk">swloclydesdale@southlanarkshire.gov.uk</a></p> <p>CLYDESDALE - 0303 123 1008 opt 4 <a href="mailto:swlohamilton@southlanarkshire.gov.uk">swlohamilton@southlanarkshire.gov.uk</a></p> <p>EAST KIBRIDE - 0303 123 1008 opt 4 <a href="mailto:swloeastkilbride@southlanarkshire.gov.uk">swloeastkilbride@southlanarkshire.gov.uk</a></p> <p>HAMILTON/BLANTYRE/LARKHALL - 0303 123 1008 opt 4 <a href="mailto:swlorutherglen@southlanarkshire.gov.uk">swlorutherglen@southlanarkshire.gov.uk</a> (covers Cambuslang)</p> <p>SOUTH OUT OF HOURS – 0303 123 1008 opt 4 <a href="mailto:esws@southlanarkshire.gov.uk">esws@southlanarkshire.gov.uk</a></p>
<b>On call FP/GUM Consultant</b>	No overnight on call GUM/FP Consultant Day time contact – 01698 753663
<b>Childline Scotland</b>	0800 11 11 (For Children) 0870 336 2910 (For Professionals)
<b>Rape Crisis Centre</b>	<p>Free Rape Crisis Scotland Helpline every day 6pm to midnight Tel: 08088 01 03 02</p> <p>Southwest Rape Crisis &amp; Sexual Abuse Centre, George Street Mews, Dumfries DG1 1HH Tel: 01387 253113</p> <p>Lanarkshire Rape Crisis Centre 23-25 Brandon Street, Hamilton ML3 6DA. Tel 01698 527006</p>

WOS SEXUALLY ACTIVE YP GUIDELINE	APPROVED: March 2025
WOS SH MCN CLINICAL GUIDELINES GROUP	VERSION: DRAFT 3.1 LAST UPDATED: Sep 23
REVIEW DATE January 2027 PAGE NUMBER: 19 of 19	COPIES AVAILABLE: <a href="http://www.wossexualhealthmcn.scot.nhs.uk">www.wossexualhealthmcn.scot.nhs.uk</a>